

# Kids Against Hunger®

Feeding families around the world...and around the corner.

## Every hour of every day 12 children per minute die of starvation or malnutrition related diseases. There are over 12 million hungry children in the USA.

Kids Against Hunger is a 501(c)(3) nonprofit organization whose mission is to end that tragedy. We package and ship highly nutritious, life-saving meals to starving and malnourished children in developing countries *and the United States*.

These meals are all packaged and paid for by volunteers...families, church groups, college students & office coworkers. Gather your team members and donations and come to the packaging center. The meals are packed in an assembly line process where even the very young and the not so young can be involved, work hard and have fun.

### What is so special about the food you package?



Rice



Soy



Vitamins & flavoring



Vegetable blend



The meal ingredients are formulated by food scientists to provide a rich source of easily digestible protein, carbohydrates, and vitamins needed by an undernourished child's body and mind. The food offers all 9 of the essential amino acids required for complete nutrition, something that can't be said about other typical food relief sources such as rice or beans alone. It is also very simple to prepare, requiring only 6 cups of boiling water to make a complete meal.

- For as little as 25cents, you can feed one child a fully nutritious meal.
- You can feed a child for an entire year for \$84---that's just \$7 a month.

### Do you provide aid for children/families in the U.S.?

It has always been our mission to feed the starving people of Haiti. We also help children and their families within the U.S. Our goal is to keep 25% of the meals that we pack in Sioux Falls and our local communities...by placing meals in the backpack program, food banks/pantries, The Salvation Army, Faith Temple Food distribution, local churches, and sending meals to Native American reservations.

Fund raise! Every person packs at least 100 meals per hour, usually more (some as many as 300). The donation amount we suggest for each person would be a **minimum** of **\$25**. This helps cover some of the cost of food supplies, bags, boxes and shipping to get the meals to the children. There are many ways to raise these funds: a bake sale, collecting quarters, asking a few friends to sponsor you! We need your donations to make this happen, please help us as much as you can!

To learn more about us, our local website is [kidsagainsthungersiouxfalls.org](http://kidsagainsthungersiouxfalls.org)

For more details on the national and international level, [kidsagainsthunger.org](http://kidsagainsthunger.org) will link you to the central website

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